



Menu is Subject to Change

JANUARY 2025

Shenandoah HS Main Line Lunch

Low-Fat and Fat-Free Milk is Offered
with every meal

Monday

Tuesday

Wednesday

Thursday

Friday



Student Lunch 9-12 \$2.85 **1**
Adult Lunch \$4.85
Extra Entrée \$1.50
Extra Milk \$0.40

No School **2**

No School **3**

Chicken Drumstick w/Biscuit **6**
Peas
Apple, Peaches
Veggie Bar
Choice of Milk

Hardshell Tacos (2) **7**
Black Beans
Juicy Juice, Strawberries
Veggie Bar
Choice of Milk

BBQ Rib Sandwich **8**
French Fries
Applesauce, Diced Pears
Veggie Bar
Choice of Milk
Dessert

Orange Chicken **9**
Fortune Cookie, Rice Pilaf
Mandarin Oranges,
Applesauce
Veggie Bar
Choice of Milk

French Bread Pizza **10**
Green Beans
Mixed Fruit Cup,
Strawberries
Veggie Bar
Choice of Milk

Savory Chicken Sandwich **13**
California Veggies,
Peaches, Apple
Veggie Bar
Choice of Milk

Chicken Nuggets w/roll **14**
Mashed Potatoes
Apple, Juicy Juice
Veggie Bar
Choice of Milk

Cheeseburger **15**
French Fries
Watermelon, Applesauce
Veggie Bar
Choice of Milk
Dessert

Meatball Sub **16**
Peas
Diced Pears, Peaches
Veggie Bar
Choice of Milk

Stuffed Crust Pizza **17**
Cucumbers
Strawberries, Orange
Veggie Bar
Choice of Milk

No School **20**

Macho Nacho **21**
Refried Beans
Peaches, Banana
Veggie Bar
Choice of Milk

Pepperoni Bosco **22**
Green Beans
Applesauce, Mixed Berries
Veggie Bar
Choice of Milk
Dessert

Chicken Tenders w/Bread **23**
Corn
Juicy Juice, Applesauce
Veggie Bar
Choice of Milk

Turkey and Noodles w/roll **24**
Mashed potatoes
Grapes, Juicy Juice
Veggie Bar
Choice of Milk

Chicken Patty Sandwich **27**
Broccoli and Cheese
Apple, Orange
Veggie Bar
Choice of Milk

Chicken Alfredo w/ Bread **28**
Celery Stick w/dip
Applesauce, Peaches
Veggie Bar
Choice of Milk

Tenderloin Sandwich **29**
Corn
Strawberries, Orange
Veggie Bar
Choice of Milk
Dessert

Mashed Potato Bowl w/roll **30**
Apple, Juicy Juice
Veggie Bar
Choice of Milk

Cheese Boscós **31**
Green Beans
Apple, Mixed Fruit
Veggie Bar
Choice of Milk

This Institute is an Equal Opportunity Provider

Veggie bar = (Included with 1st meal option) Tossed Salad, Broccoli, Carrots, Garbanzo Beans

